

3 Making Meaningful Milestones



M3M Foundation's Quarterly Newsletter **ISSUE-4**



I am pleased to present to you the fourth edition of the M3M Foundation's quarterly newsletter. With every issue, we deepen our commitment to keeping you connected to the remarkable work being done across our four core pillars: health, environment, education, and livelihood.

This edition is a testament to the power of collaboration and perseverance. It captures the spirit of innovation, resilience, and compassion that drives our initiatives, showcasing the impact we are making in transforming lives and building empowered communities.

As we continue our journey toward sustainable development, your unwavering support and engagement remain central to our mission. We invite you to be part of this collective movement, one that aspires to bring lasting, positive change to society. Thank you for walking alongside us. We look forward to sharing many more milestones and inspiring stories with you in the editions ahead.

DR. PAYAL KANODIA

Chairperson & Trustee,
M3M Foundation



Message From CHAIRPERSON



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ENVIRONMENT



10 sprinklers installed

KALWARI POND REJUVENATION

The Kalwari Pond Rejuvenation project transformed a key water body through cleaning, embankment strengthening, slope stabilization, and the addition of solar lighting, play areas, and waste bins—revitalizing the ecosystem and community space

50 Sankalp Vatikas are now fully functional, with farmers successfully cultivating vegetables like chili, brinjal, tomato, and cabbage. The initiative has led to a collective saving of ₹15,376 in one month, promoting self-sufficiency and economic relief.

95% survival rate of mango saplings as farmers adopted Bodo paste and intercropping practices

90 Kisan Pathshala Meetings

held across 15 villages covering Rabi crop management, nutrient application, pest control, and FPO updates



Jeevamrit Training Workshops

Initiated across 15 villages promoted natural farming practices, resulting in 90 farmers successfully adopting techniques to improve soil fertility and crop health.

ENVIRONMENT



FORMATION AND REGISTRATION OF Farmer Producer Company (Mewat Shakti)

completed, with 10 Board Members and 5 Directors elected

285 Safety & Surveillance Kits Distributed

To Bagh Mitras and watchtower guards, strengthening ground-level forest protection efforts in Pilibhit.

7 WATER TANKS CONSTRUCTED

In Dhulawat, Pachgaon, Malaka & Chilla villages, benefiting 30+ families with 119,000 liters of total storage capacity. Each 17,000-liter tank serves 4-5 families, ensuring reliable water availability

THERMAL DRONE DEPLOYMENT

A high-tech thermal drone was handed over under the Vanjeevan initiative to enhance wildlife monitoring and protection in the Pilibhit Tiger Reserve

Water ATM have been installed in 5 police stations in Delhi



ENVIRONMENT



Tuk Tuk Gilhari

- Tuk Tuk Gilhari launched two eco-friendly cottage stays in January, welcoming guests to experience ethical animal care and sustainable living.
- Partnered with Shri Vishwakarma Skill University, bringing in interns for hands-on learning in agriculture
- Hosted Tomatina and Ambience Playschools, introducing children to animal welfare and environmental awareness in a fun, interactive way.
- Continued animal rescues and treatments, with several animals rehabilitated back into natural surroundings.
- Developed plant beds & improved infrastructure to enhance the sanctuary environment.



Pond Rejuvenation

Our initiative in Haryana's Nuh district demonstrates restoration's impact. In Tauru block, neglected ponds in Chharoda and Chundika villages are being rejuvenated through filtration chamber construction and desilting, creating 22 ML of surface water storage. This transformation benefits humans and animals, enhances beauty, and promotes health.

Sarvottam Model

M3M Foundation, in partnership with Earth Rakshak Foundation, advanced the Sarvottam Model for sustainable waste management by:

- Expanding Rural Solid Waste Management departments through community-selected Earth Rakshaks.
- Making progress in waste segregation, daily weighing, and compost production.
- Ensuring financial sustainability via compost sales, recyclables, and user charges.

HEALTH



30 HEALTH CAMPS

Organized under Project Kartavya, benefiting **3,881** construction workers with check-ups, expert consultations, and free medicines

3 MILLION Nutritious Meals



to construction workers and their families through the Poshan initiative

3,050 BLANKETS

Donated to homeless & underprivileged individuals to safeguard them from harsh winter conditions

PROVIDED 24,213 JACKETS

to construction workers under the Share for Care drive to ensure protection from cold and enhance work efficiency during winter

22,000 RATION KITS

Distributed to construction workers on the occasion of Chairman Sir's birthday to support their nutritional needs and improve quality of life

COMMUNITY FEAST across all sites

serving meals to **25,630 people** in celebration of the birthday of M3M Chairman



HEALTH



16 HEALTH CAMPS

were successfully conducted under the Sarvodaya Swasthya Yatra, screening over **2,200 individuals** for parameters like blood sugar, cholesterol, thyroid, and more

525+ PARTICIPANTS

attended **12 awareness sessions** on menstrual hygiene, nutrition, and the importance of immunization across multiple villages

75 FOLLOW-UP VISITS

Visits to villages such as Nijampur, Patuka, and Panchgaon were made to monitor patient recovery, ensure medication adherence, and facilitate referrals to Community Health Centres and hospitals when necessary

MOTHER MEETINGS

were held in villages like Gwarka and Mandarka focused on maternal and child health, emphasizing nutritious food for pregnant women and children, and the importance of regular vaccinations



EDUCATION



600+ UNIFORM DISTRIBUTION

Uniforms were distributed to 600+ children

FOUNDATIONAL LITERACY & NUMERACY

386 children participated in Foundational Literacy and Numeracy (FLN) activities at seven community learning centers using 20 activity-based learning modules

INTERNATIONAL MOTHER LANGUAGE DAY

The event featured **195 participants** who celebrated cultural identity through storytelling, poetry, and traditional games conducted in their native languages.

FORMAL EDUCATION

233 children were successfully enrolled in formal government schools

4 IMPOWER YOUTH CLUBS

were formed at the Rewla Khanpur center Pari Youth Club, 5 Star Youth Club, Shiksha Youth Club, and Happiness Youth Club promoting youth leadership and engagement.

MAGIC ENGLISH SLL PROGRAMME

Classes take place in 9 iMpower Clubs located in Gurugram, directly benefiting **679 students and 18 teachers** by improving English language skills among primary school students.



EDUCATION



INTERNATIONAL MIGRANTS DAY

celebrated with 354 participants, including 335 children, through a rally and a movie day out, honoring the experiences and contributions of migrant communities

NATIONAL GIRL CHILD DAY

Over 390 people participated in a rally, Nukkad Natak, and a screening of the short film “Muskan,” which promoted gender equality and raised awareness about issues like female foeticide

5 SENIOR SECONDARY SCHOOLS

were equipped with 25 digital tablets each, creating Digital Libraries and enhancing digital access for students

SARVODAY GYAAN RATH

Continued with 54 school visits and Sandarbh Kendras, assisted with 6 health camps, and distributed dustbins to raise sanitation awareness.

AWARENESS PROGRAMS

On women's health, hygiene, cyber safety, and drug abuse was held in Rewla Khanpur Perna Basti, with over 50 participants including women, adolescent girls, and boys

REWLA KHANPUR CENTER

117 children had been enrolled at the Rewla Khanpur center, with ongoing efforts to develop foundational learning, confidence, and holistic development among children



EDUCATION



MOBILE SCIENCE LAB PROGRAM

98 sessions were held at 10 government schools in Gurugram, engaging 1,342 boys, 1,434 girls in hands-on science education through activity-based learning

SELF-DEFENSE WORKSHOPS

were conducted at all iMpower locations, empowering adolescent girls and women with essential personal safety skills

YOUNG INSTRUCTOR LEADER PROGRAM

Engaged 538 students from 10 schools through 23 sessions, reaching 447 boys, 387 girls, and 23 teachers. The initiative focused on leadership & communication via peer-to-peer science learning.

RENOVATION OF GSSS AKEDA

At GSSS Akeda, ten classrooms were rebuilt due to severe structural damage, with waterproofing and reinforcement work to create a safe and durable learning environment for students and staff

SAAKSHAR SCHOLARSHIP PROGRAMME

- **480 scholarships** were awarded under the SAAKSHAR scheme this year, directly supporting the educational journeys of **234 male and 272 female scholars**
- BUNIYAD, a sub-component supporting foundational education, provided **11 scholarships** to young girls this year.
- Jazbe Ki Udaan, focused on encouraging ambitious young women, awarded **23 scholarships**, highlighting our commitment to gender equity and female empowerment.



LIVELIHOOD



1,030 YOUTH WERE TRAINED

in 2024-25 tenure across five iMpower Academies located in Jagdalpur, Leh, Tauru, Noida, and Panipat-Samalkha

14 VOCATIONAL TRADES

were offered across these academies, including Beauty Therapy, Solar PV Manufacturing, Electrician Training, Data Entry, and Architecture & Construction, etc

BASIC SKILL AND PUBLIC COURSE (BSPC)

A total of 74 youth completed the Basic Skill and Public Course (BSPC) program, with 11 students selected for government competitive exams like SSC and Police Services.

73% OF YOUTH

secured job placements. The highest placement was recorded in Leh with 100%, followed by Tauru with 82%

VENTURE SETUP

1,505 youth were supported in starting their own ventures or becoming self-employed under the Enterprise Development Initiative

45 COMMUNITY MEETINGS

were conducted across various clusters to raise awareness about skill development opportunities and promote local entrepreneurship



LIVELIHOOD



VERMI-COMPOST TRAINING

Hands-on vermi-compost training was conducted in 8 villages where vermi beds were installed. Participants learned to use earthworms for composting, producing nutrient-rich fertilizers. Follow-ups monitored growth and progress, with over 30 farmers trained in sustainable practices that generate income.

LALA JI KI RASOI

20 women from rural & construction site areas participated in a 5-day training program under Lala Ji Ki Rasoi, in collaboration with Ekta Foundation. The training covered bakery skills, FSSAI registration, credit linkage, financial literacy, branding, & kitchen hygiene.



STREET PLAYS FOR SKILL AWARENESS

From March 17 to 24, 2025, street plays were held in 32 villages of Samalkha block, Panipat. The plays aimed to raise awareness about technical education for unemployed youth and women, offering free training in 11 trades such as electrician, data entry, sewing, beauty therapy, and nursing.

AASTHA MASALA ENTERPRISE

2 enterprising women from Subhasheri have launched their own spice brand, Aastha Masala. This month, they received spice grinding and drying machines, helping them scale up production and deliver high-quality spices to local markets.



LIVELIHOOD



IMPOWER SKILL ACADEMY, SAMALKHA

2-day Mobilization Orientation Workshop took place on February 27-28, at iMpower Skill Academy, Samalkha. Staff learned about mobilization strategies, planning, community engagement, and overcoming challenges.



STRENGTHENING LIVELIHOOD IN LADAKH

On February 24, 2025, the M3M Foundation hosted the launch of Sea Buckthorn products at the IFC Centre, graced by the presence of Hon'ble Member of Parliament Haji Mohd Haneefa Jan. During the event, he interacted with members of the Riyul Sea Buckthorn Cooperative Society, whose inspiring journey began in Lukzung village, Nubra Valley, with mobilization support from the Foundation. The MP lauded their efforts and highlighted how the initiative has empowered the marginalized youth of Ladakh by providing sustainable livelihoods and a sense of purpose. Dr. Aishwarya Mahajan, President of M3M Foundation, along with Mr. Mayank from SIDBI and Dr. Binujeet Radhakrishna from Aide-et Action, also attended the event and emphasized the Foundation's ongoing commitment to supporting the cooperative's growth.



SPORTS



Para Table Tennis

- Bronze in Boccia National, Delhi
- 2 Bronze medals at National Para Games, Vadodara
- Silver at Khelo India Games



Lakshyya Gupta

Javelin Throw

- Gold at National Championship, Chennai
- Silver at Khelo India Games



Manjeet Vyas

Wrestling

- Gold at All India University Games, Rohtak



Narender

Wrestling

- Bronze in Boccia National, Delhi
- 2 Bronze medals at National Para Games, Vadodara
- Silver at Khelo India Games



Anshu Malik

Squash

- Gold at Croatian Junior Open



Aradhana Singh

Wushu

- Participated in SAI Trials for Greece in Imphal & Meerut
- Silver in Greece Championship
- Bronze in Khelo India Games



Priyanka Kewat

Para High Jump

- Gold at Para Athletics Grand Prix
- Gold at Khelo India
- Silver at National Level Meet



Rampal Chahar

Javelin Throw

- Gold at National Games, Dehradun
- Gold at Kerala Senior Competition



Sachin Yadav

SPORTS



Para-Athletics: Club Throw

- Two Golds at 13th Saharjna Open International Games
- Two Bronze medals in Chennai
- Silver at Khelo India



Pooja Yadav



Sakshi Kasana

Para Athlete

- Silver at Chennai Nationals

Archery

- Gold with Haryana State Team at NTPC, AP
- 3 Golds & 1 Silver at Haryana State Meet, Bhiwani



Shivam Rawat



Shannaz

Taekwondo

- Two Golds in Senior Category and One in Under-30 Pair Poomsae

Karate

- Represented India at World Championship in Dubai



Sunil Singh



Surya Kant

Para Badminton

- Gold (Singles), Silver (Doubles) at Egypt Open
- Silver at Spain Para Badminton Championship
- Gold at Khelo India, Delhi



Volleyball Kit Distribution

In March 2025, volleyball kits were distributed across 42 youth clubs from various villages, promoting sports and well-being among rural youth. Each club received 2 volleyballs, 1 net, and 2 poles to encourage active participation. The initiative aims to foster teamwork, discipline, and a healthy lifestyle while offering a constructive alternative to substance abuse. Enthusiastic participation and support from local leaders highlighted the community's commitment to youth empowerment through sports.

MAJOR EVENTS

MOVIE SCREENING

M3M Foundation hosted a special screening of Mufasa: The Lion King for children of migrant workers. This heartfelt gesture celebrated the resilience and dreams of these young souls, the true Mufasas of the Foundation.



KUKDUKOO FEST

iMpower kids immersed themselves in the vibrant world of arts and literature at the Kukdukoo Fest, supported by M3M Foundation. From storytelling to theatre, the festival ignited imagination and joy among children of migrant workers.



MAITRI SANGAM

Maitri Sangam celebrated inclusion, bringing together iMpower children and Heritage School volunteers for a day filled with science experiments, art, music, and games. The event promoted empathy, built friendships, and showcased the impact of youth-led change.



Dear Readers,

We extend our heartfelt gratitude to each of you for your continued support and engagement with the M3M Foundation's quarterly newsletter. Your interest and participation are what drive our mission forward, and we are deeply thankful for your dedication to our cause.

Together, we can make a significant impact and foster positive change in our communities. Your contributions, feedback, and enthusiasm are invaluable to us, we look forward to continuing this journey with you.

Warm regards,
M3M Foundation Team

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