



M3 Making Meaningful Milestones



M3M Foundation's
Quarterly Newsletter
ISSUE-3

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MESSAGE FROM CHAIRPERSON



DR. PAYAL KANODIA

Chairperson & Trustee, M3M Foundation

I am delighted to present to you the third edition of the M3M Foundation's quarterly newsletter. With each edition, we continue our commitment to keeping you informed, engaged, and inspired by the transformative work happening across our four key focus areas: health, environment, education, and livelihood.

This newsletter is a reflection of our collective efforts, showcasing impactful initiatives, success stories, and the progress we have made in empowering communities. As we move forward, we remain dedicated to fostering sustainable change and creating opportunities that uplift lives.

Your continued support and participation are invaluable to our mission. We invite you to join us in driving meaningful change and building a brighter future together. Thank you for being a part of our journey—we look forward to sharing more inspiring stories with you in the coming editions.

ABOUT US



Established in 2019 by the renowned M3M India group, the M3M Foundation aims to facilitate equitable development, contributing to a brighter future for India. The Foundation envisions a society where marginalized communities are empowered and equipped to reach their full potential. Committed to promoting comprehensive societal development, the Foundation provides resources for sustainable community projects in education, health, livelihoods, and environmental protection. These initiatives support holistic growth, innovative ideas, government programs, and proactive developmental measures

VISION

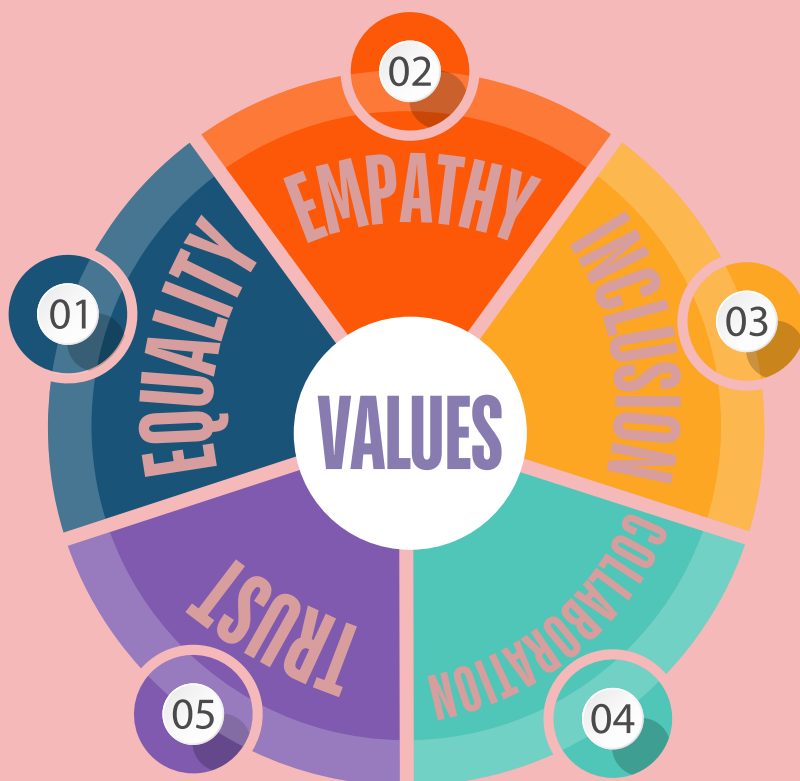
Economic empowerment of the marginalized communities for Sustainable Development



MISSION



To ensure the resources required for marginalized communities where everyone is empowered and equipped to reach their maximum potential to plan, implement, monitor and contribute to sustainable community development



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SANKALP



Sankalp aims to conserve, preserve and protect the natural resources in our ecosystem. Our planet is fast approaching at no point of return. Materialism supersedes human values. This ceaseless demand of more is pushing natural resources land, air, water, forests and climate closer to an inevitable collapse. So, Sankalp have focus on utilization of available natural resources in an efficient and sustainable manner. The vitality of any community is directly linked to the health of its environment. At M3M Foundation, we firmly believe that no community can truly flourish if its surroundings are marred by degradation and decline. We are focusing on utilization of available natural resources in an efficient and sustainable manner.



ENVIRONMENT HIGHLIGHT



5 Lakh+
trees planted
till now



**Additional
2 lakh**
trees planned
for this year



1.5 lakh
trees already
planted in 2024

**PLANTATION
MILESTONES**



88 KISAN PATHSALA

meetings were held across 15 villages, where farmers discussed critical agricultural activities, Rabi season challenges, and initiatives such as FPO formation and training programs

3 CRP MEETING

were held at the SST office in Tauru to review decisions, discuss sowing and irrigation strategies, cover early mustard germination and horticulture updates and few other updates were discussed

282 FARMERS

across 15 villages participated in various agricultural activities such as nipping, weeding, JA (Jeevamrit Application), and 2% urea application across Yellow Mustard, Black Mustard, and Wheat crops.



38 FARMERS

from 15 villages attended a 3-day FPO orientation workshop led by 2 expert trainers from Krushi Vikas Va Gramin Prashikshan Sanstha (KVGPS), enhancing their knowledge of FPC operations

45 FARMERS

participated in a dedicated FPO training session in Karwari village, which focused on roles, responsibilities, and strategies to boost collective bargaining and market access

100 FARMERS

adopted yellow mustard cultivation for first time

23% INCREASE IN INCOME

for farmers using the Package of Practices (PoP) method compared to traditional techniques revealed by Bajra Harvesting Analysis



23 JAL SAMWAD

sessions and 15 Jan Sampark meetings were conducted, engaging a total of **490 community members** where we discussed critical agricultural activities, Rabi season challenges, and initiatives such as FPO formation

14 FAMILIES

have received Grah-Vatika Kits containing seeds for over 10 varieties of green & seasonal vegetables to establish kitchen gardens

2 SCHOOLS

in Didhara village have been engaged through the Jal Shaksharata Mission, boosting water literacy

31 PEOPLE

will benefit from the Ganga Devi Water Tank in Dhulavat, with 10% excavation completed despite challenges posed by hilly terrain and hard rock



KHABRISTAN TALAB

in Chundhika, previously plagued by greywater issues causing health risks (mosquito-borne diseases) and soil pollution, is now under a treatment, shuttering work is completed and regular dewatering is underway

WATER TREATMENT

Bade Nale ke pas ka Talab, receiving greywater from Chharoda households, is being transformed into a community asset

25%^{COST} CONTRIBUTION

from Ganga Devi's family (a marginalized SC widow with four sons) and neighbor Haseena enabled a water tank project in Dhulavat that now benefits 31 community members; construction is completed.

WASTE MANAGEMENT INITIATIVES



70+ KG DRY WASTE

is collected from Vatra Village (Khambhat block, Anand District) via door-to-door collection with active segregation by residents

1 COMPREHENSIVE TRAINING SESSION

was conducted in Aduj-Malpur Village to empower Safai Mitras in effective waste management

E-LOADER MODIFICATION

completed in Aduj-Malpur has streamlined efficient waste transportation during door-to-door collection drives

16 MODEL VILLAGES

are targeted across Anand district by developing 2 per block in all 8 blocks, with Khambhat block setting the benchmark



GAYATRI CLINIC AND JABRESHWAR SCHOOL

have joined the Earth Rakshak Programme, actively contributing to dry waste segregation

IN-HOUSE BALING MACHINE

Sweetco Industries has developed an in-house baling machine, streamlining waste compression and storage to boost overall program efficiency

VATRA VILLAGE

100% household participation in door-to-door waste collection with signed collection charters and thorough cleaning around the Material Recovery Facility (MRF), though weighing is temporarily on hold



SARVODAY



Sarvodaya programme is an integrated village development approach which aims to bring self-sufficiency & advancement of identified villages to support the overall development of health care, livelihood, skill enhancement of youth & women, natural resource management, sustainable agriculture and livestock management through community engagement which would inevitably lead to a strong and independent rural eco system. It seeks to address the core socio-economic issues of underdeveloped and marginalized rural communities and find effective ways and means to facilitate enduring changes in their lives. This programme aims to work across themes of agriculture, water, health, education, livelihood, micro entrepreneurship, physical infrastructure and governance

ENVIRONMENT



1,500+ KG

organic vegetables supplied to Lala Ji Ki Rasoi for community meals

3 CHAMBER FILTRATION SYSTEM

is being installed to treat sewage water before it enters the pond

50+ PARTICIPANTS

learned about FPO registration, governance, financial management, and market linkages

3 DAYS TRAINING PROGRAM

on FPO Formation & Management was successfully conducted in Kalwari Village, Nuh

EDUCATION



42 new candidates identified for Sakshar Scholarship

SARVODAY GYAAN RATH

E-Rickshaw continued its field operations with support from Bhavishya NGO covered 11 schools across 8 clusters and operated for 15 days in schools and Sandarbh Kendras.

LIBRARIES ESTABLISHED

Procurement of books and establishment of libraries at Sandarbh Kendras, Sarvoday Gyaan Rath, and Sarvoday Office, Tauru



20 SATRANGI SARVODAY VATIKA

Established in 20 schools in Tauru to promote students' personality development, eco-friendly practices, and essential life skills.

INTERNATIONAL GIRL CHILD DAY

Organized an engaging celebration at GSSS Padheni and AWC Chahalka, including a meaningful discussion and movie screening to inspire young girls.

DRAWING WORKSHOP AT GGSSS TAURU

A Drawing Workshop at GGSSS Tauru began on 21st October 2024, led by P.K. Roy Sir. For grades 7-12, a one-week event, it was extended to two weeks upon teachers' and students' requests.

HEALTH



12 HEALTH CAMPS

were organised across different villages in Tauru, Nuh

1,895+ COMMUNITY MEMBERS

were screened for various health parameters, including blood pressure, blood sugar, cholesterol levels, and BMI

647 COMMUNITY MEMBERS

Attended awareness sessions on lifestyle diseases, preventive healthcare, and menstrual hygiene



TARGETED HEALTH SCREENINGS

Organized systematic health screenings at Sub-Health Centers, Aanganwadi Centers, and Primary Schools for easy accessibility

DISTRIBUTION OF ESSENTIAL MEDICINES

Facilitated the distribution of essential medicines and referrals to higher health centers as needed.

COMMUNITY AWARENESS DRIVES

Conducted pre-camp mobilization in collaboration with ASHA/AWW workers

LIVELIHOOD



6-DAY CANDLE-MAKING TRAINING

From 15-20 Oct, inmates mastered scented, votive, pillar, floating, container & gel candles and business skills. A candle stall, Candles – Aasha Ki Kiran, established at Nuh Jail

4,700 ITEMS PROCUREMENT

Distributed across Tauru including 4,600 jute bags, 4,100 toran items, 4,200 bajra ladoos, and 4,100 candles sourced from local women entrepreneurs

10 DAYS TRAINING PROGRAM

35 women from Kalwari Kala SHG, received intensive training in making agarbatti, dhoop batti, soap & detergent, including modules on packaging, raw material sourcing, and pricing strategies



MASALA TRAINING

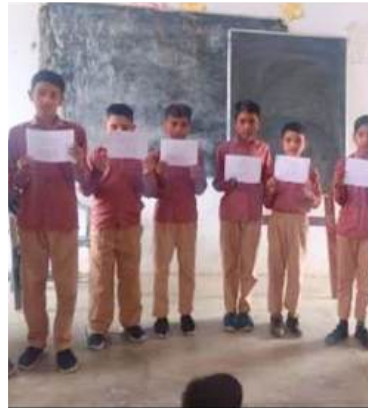
SHG women in Mandarka explored training for producing homemade masala, achar, papad, and other products to enhance small-scale entrepreneurship

₹2 L INVESTMENT

Chandni SHG in Rangala set up mustard oil production equipment, yielding 40 liters oil and 60 kg mustard cake from 100 kg seeds, with members earning ₹5,000–₹7,000/month

500 KG COMPOST

200 kg used for Strangi Vatika in 20 schools, 300 kg for Sarvodaya Vatika at Madarsa, with surplus sustaining the vermi bed; in Goyla, 5 women used organic compost on farmland and sold earthworms at ₹100/kg



SAAKSHAR



Saakshar is a signature program of M3M Foundation that addresses the key issue of inaccessible and unaffordable education, especially in light of SDG4, which emphasizes the importance of affordable and quality education. It offers scholarships to underprivileged and meritorious students, enabling them to pursue technical and professional education. The program also enhances infrastructure in government and NGO schools, including building classrooms, setting up computer labs, and providing essential amenities. Additionally, Saakshar focuses on empowering teachers from vernacular medium schools through training and mentoring, thereby improving students' learning capabilities and educational outcomes

SCHOLARSHIP



₹3.89 CRORE

was disbursed under SAAKSHAR

₹2.64 LAKH

was disbursed under Jazbe Ki Udaan

**53% FEMALE &
47% MALE**

beneficiaries received scholarships

SCIENCE INITIATIVES



The Mobile Science Lab program reached a total of

3,010 STUDENTS

across **10 schools**
in Gurugram, delivering
11,155 EXPOSURES

The Winter Camp was held
engaging

**318 BOYS & 213
GIRLS**

26 SCIENCE MODELS

were displayed and explained
during Science Fairs at GMS Sec
9, GMS Sakatpur, and GMS
Dhunela



OPERATION VASANTHA

Daily sessions included
meditation, homework
assistance, and educational
activities like art, low-cost model
making, & reading

JIGYASA PROGRAM

20 students participated,
showcasing effective
teaching-learning materials
at an event for their peers

ENGLISH CLASSES



9 IMPOWER CLUBS

in Gurugram District
implementing Magic English
SLL Programme (KP ME SLL)

679 BENEFICIARIES

including students and
teachers, impacted by the
program



OBSERVATION & MANUAL STUDY

3 rounds of Observation & Manual
Study conducted to assess and refine
program implementation

100% DELIVERY

Of Magic English SLL Programme
materials across all centers



IMPOWER



The M3M Foundation and Aide et Action introduced the iMpower initiative to enhance children's education by improving competence, ensuring school attendance, and engaging parents. The iMpower initiative supports migrant construction workers' families with learning resources for children's holistic development.





352 BENEFICIARIES IN HEALTH CHECK-UPS

104 children, 80 women, 62 men received immunizations, supplements, and seasonal disease treatments

30 YOUTH MEETINGS

Involving 255 girls and 36 youth to build digital skills and self-confidence

13 CULTURAL EVENTS

Such as International Girl's Day (215 participants), World Polio Day (247), and Diwali (296) promoted children's rights and cultural awareness

24+ CREATIVE SESSIONS

Music, arts, and Karadi Path classes were held across clubs to foster creative expression and literacy



1785.09 HOURS

Logged on the iPrep app via digital classes, reinforcing digital literacy across iMpower Clubs

23 PARENT-TEACHER MEETINGS

Engaged 378 parents to review monthly progress of their children

SATURDAY SESSIONS

Drawing, indoor games, poem recitation, and storytelling boosted children's creativity, coordination, & cognitive skills

456 MEALS

Distributed across 10 clubs to ensure nutritional support for all children



100+ CHILDREN

are being taught foundational literacy, numeracy, SCERT books, & open school syllabus

92 CHILDREN

received eye checkups during the 13th December 2024 Eye Camp

58 CHILDREN

received polio drops on 10th December through a home-visit vaccination initiative

48 CHILDREN

attended the Child Marriage Awareness Session at iMpower Club, Sector 113



101 WOMEN

participated in Family Planning Sessions at iMpower Club centers

15 YOUNG BOYS

attended the 26th December Youth Committee Meeting at Sector 113, focusing on leadership and education

CHILDREN'S DAY

movie screening of Taare Zameen Par was done at Sector 113 and a poetry recital at Sector 61

4 PTMS

were conducted in October Sector 61 (4th & 28th) with 33 & 32 parents, and Sector 113 (4th & 28th) with 66 & 48 parents



361 STUDENTS

enrolled across four centers (Ghaziabad, Sindhi Basti, Kirby Place, and Shakurbasti), ensuring access to quality education for underprivileged children

85 STUDENTS

successfully enrolled in school through the Lakshyam initiative, providing them with a formal education pathway

MULTIPLE HEALTH AND FINANCIAL LITERACY WORKSHOPS

conducted to promote well-being and economic independence among community members



GOOD TOUCH & BAD TOUCH WORKSHOP

conducted to raise awareness among students about personal safety and boundaries

FINANCIAL LITERACY WORKSHOP

covered budgeting, digital banking, investments, and government schemes, enabling women to make informed financial decisions

CHRISTMAS CELEBRATIONS

included drawing competitions and gift distributions, spreading happiness and holiday cheer



1 AWARENESS CAMPAIGN

on Good Touch and Bad Touch was organized for iMpower Club students

AWARENESS SESSION

Good Touch and Bad Touch was organized for iMpower Club students

CHRISTMAS & NEW YEAR CELEBRATION

was organized on December 24, 2024, where 36 students participated in activities like dance, rhymes, and storytelling.



11 HOUSEHOLD SURVEYS

were conducted, engaging directly with family heads to understand their needs and challenges

ADHAR CARD CAMP

application was submitted to Kapashera Tehsil for an Aadhar Card camp to address the lack of identification documents in Rewala Khanpur Basti.



LAKSHYA



Lakshya plans to prepare people to participate in various sports and arts tournaments at various levels. It provides all the necessary resources and equipment to help their dreams and aspirations see the light of day. This initiative is done with the hope that they will become role models in their society. The M3M foundation supports the education and training of 50+ people in the field of arts and sports through the Lakshya scholarship. Through Lakshya, Foundation would support 500 individuals to prepare and train in the areas of arts and sports by 2025

MAJOR ACCOMPLISHMENTS AND MILESTONES



Vidhi Singh

Trap Shooting

Achieved 5th place at the Jaipur Games, National Open Games

Archery

Achieved 1 Gold and 1 Silver in SGFI National Games, Gujarat.



Shivam



Anshu Malik

Wrestling

Won Gold in the University Games

MAJOR ACCOMPLISHMENTS AND MILESTONES



Pooja



Javelin Throw

achieved 2 Gold Medals at the Sharjah Championship



Golf

Achieved Bronze at the Jaipur Championship

Boxing

Won silver in the All India Junior Boxing Championship, Bhopal



Siddhi



Akshay Sharma

Shanaz Parveen

Taekwondo

- Won Bronze in the All India Inter-University Taekwondo Championship, Amritsar
- Participation in the 13th Senior National Taekwondo Poomsae Championship, Puducherry

Lakshyya Gupta

Table Tennis

- Won Silver in the First National Ranking Table Tennis Tournament, Indore
- Won Gold and Silver at the Manav Rachna Winter School State Competition, Faridabad



Narender

Wrestling

- Won gold in the Junior National Wrestling Championship, Noida
- Gold in the State Wrestling Championship, Rohtak

Sunil Singh

Karate

- Achieved two Gold Medals at the North Zone and Inter Zonal Karate Championships in Delhi
- Achieved two Gold Medals at the Commonwealth Games in South Africa.





KARTAVYA



M3M Foundation has successfully met its objectives of eradicating hunger, attaining food security, and enhancing nutrition to support people's overall development. In pursuit of these goals, the foundation initiated the POSHAN hunger relief project. With a dedication to break the cycle of hunger, the project provides nutritious meals for over 14,000 construction site workers and 600 children at the iMpower Club.

HEALTH CAMPS



 **1,000+**

individuals benefited from consultations and diagnostic tests



SERVICES PROVIDED

General consultations, blood samples, basic medicines, & awareness sessions

SHARE FOR CARE

JACKET & BLANKET DISTRIBUTION DRIVE



**24,213
JACKETS**

Distributed across multiple locations, including construction sites, labor camps, & iMpower clubs



**700+
BLANKETS**

provided to those in extreme need

MEAL DISTRIBUTION



1,047,545

Total meals served in December

33,860

Daily average meal distribution

20 labor sites

iMpower clubs **11**

1,031,405

Total labor site beneficiaries per month

16,140

Total iMpower club beneficiaries per month



MASHAAL



To create a pool of young innovators for bringing the social development in the society. M3M Foundation's brainchild "MASHAAL" aims at supporting social innovators to bring sustainable change in the community. Under the program MASHAAL, opportunities would be given to building sustainable social projects by solving social problems and issues. MASHAAL also has the potential to create more social entrepreneurs and social innovation which would be aligned with the Sustainable Development Goals 2030

Become Our Next Fellow at Mashaal!

WHO CAN APPLY?

- Young, motivated individuals aged 25-35
- Professionals qualified in social work, rural development, or related fields from reputed institutions
- Non-professionals with a graduation in any discipline and at least 3 years of experience in one of Mashaal's thrust areas
- Excellent communication skills in English & or more Indian languages spoken in M3M's priority states
- Candidates with good documentation and reporting skills
- Willingness to work in M3M's intervention zones and implement innovative projects
- Preference given to women, Dalits, tribes, PWDs, and other marginalized communities.
- PCN submitted by the candidates
- Candidates without support from other fellowships or related arrangements

TRIVENI AWARDS



The Triveni Awards, organized by YFLO Delhi in partnership with the M3M Foundation, held on **December 19, 2024**, at **Vishwa Yuvak Kendra**, New Delhi, highlighting a major achievement in promoting social entrepreneurship and creating sustainable impact.

200+ APPLICATIONS

received from social entrepreneurs nationwide

60+ APPLICANTS

were selected to be featured in the Triveni Compendium, a resource documenting their work and contributions to social impact

10 FINALISTS

had the opportunity to pitch their ventures to an esteemed jury



TRIVENI AWARDEES

10 finalists presented their ventures through elevator pitches, followed by an intensive evaluation and Q&A session with the jury. The winners included:

- Farmer's Aura
- Krishikala
- Prem Samridhi Foundation

2 EXPERT-LED PANEL DISCUSSIONS

1. The Power of Collaboration: Building Synergies Among Society, Government, and Market in Driving Social Innovation and Achieving SDG Goals.
2. Empowering Grassroots Innovation: Bridging the Urban-Rural Gap in Social Entrepreneurship.



KAUSHAL SAMBAL



Kaushal Sambal is a skill development program that aims to guide and mentor youth from a weaker position in society. "Kaushal Sambal" emphasizes on promoting and building micro, small, and medium enterprises by developing skills, providing quality training and financial support to start-ups, creating gender equality in employment opportunities, and reducing dependence on informal sectors. "Kaushal Sambal" propels the youth towards a brighter future by bridging the gap between the skilled workforce

SWAVALAMBAN- LEAP



1,500+ LITERS

of Sea Buckthorn pulp transported from Nubra Valley to Leh and stored in cold storage in Gurgaon

3 PRODUCT CERTIFICATIONS

obtained after lab testing for pulp, jam & juice

PAN CARD

acquired for the cooperative

SKILL DEVELOPMENT



Since April till now, skill development initiative has made significant progress in training and placing individuals across various trades

744 CANDIDATES

enrolled across various skill training programs

191 CANDIDATES

are currently under training across different academies

582 CANDIDATES

successfully trained and equipped with industry-relevant skills

419 CANDIDATES

successfully placed in various sectors, securing meaningful employment opportunities.

TRADES OFFERED IN ACADEMIES



- Architecture & Construction
- Bedside Patient Care
- Customer Service Associate
- Data Entry Operation
- Electric Wiring
- Quality Checker
- Retail Sales Associate
- Solar PV Manufacturing Operator
- Two-Wheeler Mechanic



VANJEEVAN



The scarcity of summer rainfall & increasing temperatures worsen drought conditions in wildlife sanctuaries & tiger reserves, posing challenges for animals accessing vital water resources necessary for survival. Adequate water is crucial during hot months for hydration & bathing needs. Vanjeevan, an initiative led by the M3M Foundation in partnership with the FICCI YFLO Delhi Chapter, is dedicated to wildlife conservation and the mitigation of human-animal conflicts by ensuring a consistent water supply throughout the year. As part of this initiative, solar water pumps are being installed, and artificial water reservoirs are being constructed in forest and sanctuary areas to address this critical need.

PILIBHIT TIGER RESERVE



72 SOLAR LIGHTS

have been strategically installed in watchtowers and forest guard chowkis across Madho Tanda, Deoria, Mala, Barahi, Haripur ranges within the Pilibhit Tiger Reserve ensuring robust nighttime safety measures

EVENTS & ACTIVITIES

INAUGURATION OF SANDARBH KENDRAS



M3M Foundation inaugurated Sandarbh Kendras in Padheni, Rahedi, and Rathiwasi to provide skill development and education facilities for women, youth, and children in rural areas

COURSES OFFERED

- Sewing
- Beauty Parlour Training
- Computer Courses
- Tuition Classes
- Digital & Offline Library Access

20+ PARTICIPANTS

Enrolled in sewing courses, library services supporting job aspirants, and tuition classes benefiting school-going children

5 YEARS OF M3M FOUNDATION



700+ GUESTS

attended, including foundation members, dignitaries, and iMpower Club children

CULTURAL ACTIVITIES

Children performed dance routines and made tattoos on their hands, adding a joyful and creative touch to the celebration

CAKE-CUTTING CEREMONY

symbolized the foundation's success and commitment to future growth



EVENTS & ACTIVITIES

INAUGURATION OF iSTYLE, iBOUTIQUE, iMART, & iCLINIC

To promote skill development, entrepreneurship, and self-reliance among women and youth, the M3M Foundation launched four key initiatives—iStyle, iBoutique, iMart, and iClinic—at iMpower Academy. These initiatives aim to bridge the gap between training and real-world experience, enabling individuals to acquire vocational skills and establish sustainable livelihoods

 Date: 19th October 2024

 Location: iMpower Academy, Tauru



iSTYLE A BEAUTY & GROOMING TRAINING HUB

iStyle trains women in hairstyling, makeup, and skincare, equipping them for self-employment. With expert guidance and stipends, trainees gain hands-on experience, promoting financial independence and enabling them to start beauty parlors in their villages

iBOUTIQUE STITCHING & FASHION DESIGN

iBoutique empowers women by teaching tailoring and embroidery skills to start their own businesses. Run by Dream Weavers, it offers hands-on training in garment creation and sales, promoting financial independence, preserving traditional craftsmanship, and inspiring women to open boutiques, thereby boosting local economies and self-reliance.

iMART A MARKETPLACE FOR (SHG) WOMEN

iMart empowers SHG women by providing a platform to sell handmade products, promoting rural entrepreneurship. Managed by a coordinator, it ensures fair earnings and bulk orders, bridging the gap between producers and buyers. This initiative enhances women's financial independence, expands market access

iCLINIC ACCESSIBLE HEALTHCARE

iClinic provides essential healthcare and diagnostics using the Swandook machine for quick tests. Managed by doctors, it serves as a follow-up center for health camp patients, improving access to affordable healthcare



Dear Readers,

We extend our heartfelt gratitude to each of you for your continued support and engagement with the M3M Foundation's quarterly newsletter. Your interest and participation are what drive our mission forward, and we are deeply thankful for your dedication to our cause.

Together, we can make a significant impact and foster positive change in our communities. Your contributions, feedback, and enthusiasm are invaluable to us, we look forward to continuing this journey with you.

Warm regards,
M3M Foundation Team

SOCIAL MEDIA LINKS



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