

# NEWSLETTER

(January to March 2026)

**M** Making  
**3** Meaningful  
**M** Milestones

M3M Foundation's Quarterly Newsletter

**ISSUE-7**



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# Message from Chairperson

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*Dear Readers,*

*It gives me immense pleasure to present the seventh edition of M3M Foundation's Quarterly Newsletter, reflecting our continued journey of creating meaningful and sustainable social impact. The past quarter has been marked by inspiring milestones across our focus areas of education, health, livelihood, environment, sports, and community development. From empowering young minds and nurturing future athletes to strengthening rural livelihoods, promoting environmental stewardship, and enhancing public infrastructure, every initiative reflects our belief that lasting change is built through collaboration, compassion, and collective action.*

*At M3M Foundation, we remain committed to creating opportunities that empower individuals, strengthen communities, and inspire self-reliance. Behind every programme is a story of resilience, hope, and transformation, made possible through the unwavering support of our partners, beneficiaries, volunteers, and dedicated teams. As you explore this edition, I hope these stories inspire you as much as they inspire us. Together, let us continue building a future where every individual has the opportunity to thrive and every community has the strength to flourish. Thank you for being an integral part of this journey*



**Dr. Payal Kanodia**

**Chairperson & Trustee, M3M Foundation**

# ABOUT M3M FOUNDATION

M3M Foundation, established in 2019 by the M3M Group, is driven by the values of Equality, Empathy, Inclusion, Collaboration, and Trust, and works towards the economic empowerment of marginalized communities for sustainable development. Aligned with the SDGs, the Foundation implements interventions across Education, Health, Livelihoods, and Environment, impacting over 4.8 million lives across 22 states, 3 Union Territories, and 90 districts through strong government and civil society partnerships.

By enabling community-led planning, implementation, and ownership, M3M Foundation ensures scalable, sustainable, and long-term impact across its programs.



## VISION

Economic empowerment of the marginalised communities for sustainable development.

## MISSION

- Integrity and Transparency
- Empathy and Inclusiveness
- Sustainability and Innovation
- Collaboration and Accountability

## VALUES

To ensure the resources required for marginalised communities where everyone is empowered and equipped to reach their maximum potential to plan, implement, monitor and contribute to sustainable community development.

## OBJECTIVES

- To promote access to quality education and skill development for underprivileged children and youth.
- To enhance livelihood opportunities through entrepreneurship, vocational training, and women empowerment.
- To protect the environment through sustainability-driven initiatives in renewable energy, biodiversity, and water conservation.
- To improve community health through preventive care, awareness, and wellness programs.

# PROGRAM OVERVIEW

M3M Foundation drives a holistic development mission through nine flagship programmes that collectively empower communities across education, livelihood, health, and environment. **iMpower** is a transformative initiative for construction and migrant workers' families—creating learning hubs, health linkages, digital literacy, and women's empowerment clubs within worker settlements. Extending the chain of learning, **Saakshar** ensures quality education for all through scholarships, digital learning labs, school infrastructure upgrades, teacher training, and the unique Buniyaad initiative—promising education for a girl child with every home sold. **Kaushal Sambal** strengthens employability and entrepreneurship through certified training in technical trades, hospitality, and beauty sectors, alongside mentorship and placement linkages that build pathways to self-reliance. **Lakshya** nurtures sports and performing arts talent from underprivileged communities through financial aid, advanced training, and performance support—enabling youth to excel on national and international platforms. **Mashaal** fuels the spirit of changemaking by supporting social innovators and youth leaders with fellowships, mentorship, and seed funding to accelerate SDG-aligned community solutions. On the humanitarian front, **Kartavya** embodies compassion through Poshan nutrition drives, *Lala Ji Ki Rasoi* community kitchens, Sahyog worker welfare, Share for Care blanket drives, and health & eye camps. Environmental commitment shines through **Sankalp**, promoting tree plantations, natural farming, water conservation, and biodiversity awareness, while **Sarvoday** uplifts rural India through village-level development plans focusing on health, education, solar energy, and livelihoods. Completing the ecosystem, **Vanjeevan** champions wildlife conservation and human-animal coexistence. Together, these nine programmes embody M3M Foundation's mission of *“Transforming Lives, Building a Nation.”*



# iMpower



During January to March 2026, the iMpower Programme continued to create safe and inclusive learning spaces for 2,043 children (1,089 boys and 954 girls) from underserved communities, combining education, creativity, sports, and life skills to support their holistic development.

## Nurturing Young Minds, Building Confident Futures



A key highlight of the quarter was the **National Science Day Exhibition** held at the iMpower Resource Center, M3M Merlin, where **100 students** from various iMpower Clubs showcased innovative working models on themes such as **Chandrayaan-3, the Solar System, Water Conservation, and the Water Cycle**. The event was further enriched by the participation of 20 students from The Shri Ram Millennium School, fostering peer learning and inspiring scientific curiosity.



Children from iMpower Clubs were also recognised at the 12th Children's Festival, where the **launch of SRUJAN**, a comic book conceptualised, written, and illustrated by the children themselves, celebrated their storytelling abilities, imagination, and self-expression. The programme received appreciation from senior dignitaries, reaffirming its impact in nurturing confident and future-ready learners.



Under the **Sports4Identity** initiative, regular Kettlebell Sports Practice sessions engaged Sub-Junior and Junior participants, building strength, discipline, and resilience while preparing several children for competitive sports opportunities under the Lakshya Programme.



The quarter concluded with **"Rang Jo Zindagi Badal Dein,"** a vibrant Holi celebration organised across 10 iMpower Clubs, bringing together children from highly vulnerable communities in an atmosphere of joy, dignity, and inclusion.



Throughout the quarter, iMpower Clubs also celebrated important occasions including National Youth Day, National Girl Child Day, Republic Day, International Mother Language Day, Eid, and International Women's Day, using these moments to promote values of equality, cultural pride, health awareness, and responsible citizenship.



*Through education, creativity, and opportunity, iMpower continues to empower every child to learn with confidence, dream without limits, and build a brighter future.*

# Lakshya



During this quarter, M3M Foundation strengthened its commitment to grassroots sports development by creating greater access, exposure, and opportunities for emerging athletes across the country.

## Building India's Future Champions



M3M Foundation signed an **MoU with The Future YOU – Kettlebell Sports** to promote kettlebell sport among youth, junior, and para-athletes under the Lakshya Programme. The partnership aims to provide professional training, mentorship, and competitive exposure at State, National, and international platforms, including the Youth World Championships.



Under the **Lakshya Lift for Life initiative**, M3M Foundation distributed **100 professional kettlebell sports kits** to young athletes from migrant communities across Gurugram and Shirdi, Maharashtra, supporting their preparation for the IUKL Kettlebell Sport Youth World Championship and encouraging them to pursue excellence with confidence and discipline.



In collaboration with the Yogeshwar Dutt Wrestling Academy, the Foundation organised the **M3M Foundation Gold Cup – Under-20 National Wrestling Championship under the theme “Mitti Se Olympics Medal Tak.”** The championship brought together 550+ wrestlers, including international-level athletes representing 50+ akhadas across 8 states, creating a strong platform for emerging wrestling talent. A key highlight was the **inauguration of the Girls' Hostel** at the academy by Dr. Payal Kanodia to support residential training facilities for female wrestlers.



Further strengthening India's grassroots Olympic ecosystem, M3M Foundation **partnered with the Sanjeeva Singh Archery Institute Trust** to launch a Sports Scholarship Programme **supporting 20 promising rural archers** with financial assistance and professional-grade equipment, enabling them to continue their training journey without resource barriers.



*From grassroots arenas to global platforms, Lakshya continues to empower the next generation of sporting talent with opportunity, mentorship, and belief.*

# Kartavya



During January–March 2026, Project Kartavya continued to advance the health, nutrition, and well-being of construction workers and their families through preventive healthcare, nutrition support, and community engagement initiatives.

## Caring for Those Who Build Our Future



A total of **23 health camps** were organised across project sites, providing health check-ups, medical consultations, and **free medicines to 3,680 construction workers**, ensuring timely access to essential healthcare services.



Under the Payal @40 Initiative, **7 First Aid Training sessions** were conducted across construction sites, **equipping 715 workers** with basic emergency response skills and promoting safer workplaces. In addition, a **TT Vaccination Drive covered 23 construction sites, benefitting 4,015 workers** through preventive healthcare support.



On the occasion of **International Women's Day**, special celebrations and health awareness activities were organised across worksites and Lalaji Ki Rasoi to recognise the contribution of women workers and promote health and gender inclusion.



Through the Poshan initiative, Kartavya **distributed over 1.68 million nutritious meals** to construction workers and their families, contributing to improved health, productivity, and overall well-being within labour communities.



The programme also continued regular quality monitoring visits across project locations to ensure timely delivery of nutritious meals and maintain implementation standards. Further strengthening community bonds, a **Holi celebration brought together nearly 15,000 participants**, fostering joy, unity, and a sense of belonging among worker communities.



*Through healthcare, nutrition, and dignity-driven interventions, Kartavya continues to support the communities that are building the nation, ensuring that care reaches those who need it most.*

# Sankalp



During January–March 2026, the Sankalp Programme continued to drive community-led solutions in water conservation, natural farming, and environmental sustainability, strengthening rural livelihoods across multiple states.

## Creating Sustainable Communities Through Water, Agriculture and Environment



To promote responsible water usage, **37 awareness wall paintings** carrying key water conservation messages were created across **10 villages of Tauru Block, Haryana**. In addition, three residential youth camps **engaged 150 students (98 boys and 52 girls) and 8 teachers from four schools**, fostering awareness on water security, sanitation, and rainwater harvesting through experiential learning.



Strengthening community participation, a **Kisan Jagriti Shivir** brought together **105 farmers from 10 villages** to discuss water conservation and sustainable agriculture practices.



Promoting climate-resilient agriculture, natural farming training sessions covered 25 villages, empowering 128 women farmers with knowledge on bio-input preparation and sustainable cultivation practices. The programme further **established 177 kitchen gardens and Poshan Vatikas** across Haryana, Gujarat, and Himachal Pradesh, encouraging nutritional security and self-reliance.

Under its water security interventions, Sankalp constructed two water harvesting structures with a cumulative **recharge capacity of 19 million litres**, directly **benefiting more than 110 farmers and contributing to groundwater restoration**. The programme also **established eight household water tanks across five villages**, creating a **storage capacity of 1.6 lakh litres** and improving access to **drinking water for 184 individuals**.



Sankalp also strengthened community-based farming systems through the establishment of a **Bio-Input Resource Centre in Himachal Pradesh, managed by 10 women farmers**, while promoting crop diversity and traditional seed conservation through demonstration plots.



Under the waste management component, **631 students and 44 teachers from four government schools in Gujarat** participated in environmental awareness sessions through the **Paryavaran Jagruti Abhiyan**. Capacity-building programmes also trained **23 Safai Mitras**, strengthening grassroots solid waste management systems.

*Through nature-based solutions and community participation, Sankalp continues to build resilient ecosystems, secure livelihoods, and create sustainable futures for rural communities.*

# Kaushal Sambal



During this quarter, the Kaushal Sambal Programme continued to strengthen employability and entrepreneurship opportunities for women and youth through skill development, market linkages, and strategic partnerships.



## Enabling Skills, Entrepreneurship and Sustainable Livelihoods

A major highlight of the quarter was the successful completion of the first year of the **Vyapower Programme in collaboration with InShakti Foundation**. Entrepreneurship and certificate ceremonies held at Karkardooma, Delhi, and Patti Kalyana, Samalkha celebrated the achievements of **young women entrepreneurs, with over 150 participants showcasing their products and business ideas**. The events also recognised emerging entrepreneurs and reinforced the Foundation's commitment to women-led enterprises.



Another significant milestone was the launch of "Virasat Ki Bunawat" in collaboration with Mahila Swarojgar Samiti (MSS), Varanasi. The initiative aims to train 40,000 women over the next three years while reviving traditional crafts and strengthening women-led enterprises based on local heritage and sustainable livelihoods. The launch event witnessed participation from more than 400 community members and stakeholders.



The Foundation also supported the **establishment of skill development centres in Alwar and Lakhimpur Kheri** in partnership with **National Dairy Support**, enabling rural women to receive vocational training in sewing and tailoring and explore self-employment opportunities.



Strengthening rural livelihoods, M3M Foundation participated in **Kisan Kumbh 2026** at IIT Delhi, providing beneficiaries from Haryana, Ladakh, and Spiti with a platform to showcase and market products including iMill Mustard Oil, Astha Masala, Sea Buckthorn products, and other local produce, helping them build market exposure and customer connections.



*Through skills, entrepreneurship, and market opportunities, Kaushal Sambal continues to empower individuals and communities towards economic self-reliance and sustainable growth.*

# Vanjeevan



During January–March 2026, the Vanjeevan Programme continued to strengthen wildlife conservation efforts while promoting harmonious coexistence between communities and nature.

## Conserving Ecosystems, Enabling Coexistence

A key milestone of the quarter was the release of the **Coffee Table Book on Pilibhit Tiger Reserve, unveiled by Hon'ble Chief Minister Shri Yogi Adityanath Ji** on World Forestry Day, showcasing the reserve's rich biodiversity and conservation efforts.



To address seasonal water scarcity within forest habitats, **five solar-powered water pumps** were installed across the Mahof, Mala, and Barahi ranges of **Pilibhit Tiger Reserve**. Each **3 KW pump supplies approximately 24,000 litres of water daily**, ensuring continuous water availability for wildlife and supporting the creation of natural marshy habitats that attract herbivores such as chital and sambar.

# Saakshar



During the quarter, the Saakshar Scholarship Programme successfully completed its FY 2025–26 scholarship cycle with 100% fee disbursement and zero pending balance, reinforcing M3M Foundation's commitment to uninterrupted education for deserving students.

## Empowering Dreams Through Education



Beyond financial assistance, the programme continued to contribute to improved learning outcomes, with supported students recording an **average academic performance of 76%** across school and higher education levels. Saakshar enabled students from economically weaker sections to pursue diverse academic pathways, including engineering, medicine, commerce, management, and professional courses.

The programme supported **835 students across 21 states and Union Territories**, with **55% of beneficiaries** being girls, reflecting its strong focus on educational equity and women empowerment. During the quarter, **₹57.69 lakh was disbursed**, taking the **total annual scholarship support to ₹4.85 crore**.

*By investing in education today, Saakshar is empowering the leaders and changemakers of tomorrow.*

# Sarvodaya



During this quarter, the Sarvodaya Programme continued to drive holistic development in Aspirational District Nuh by strengthening public infrastructure, healthcare, heritage conservation, and community safety.

## Strengthening Communities Through Inclusive Development



A major highlight of the quarter was the **inauguration of several transformative projects in Tauru** by the Hon'ble Chief Minister of Haryana, **Shri Nayab Singh Saini**, during the Viksit Sohna-Tauru Mahareli.



Under the programme, M3M Foundation supported the **redevelopment of the Government Girls Senior Secondary School, Tauru**, creating a modern and safe learning environment for young girls.

The Foundation also contributed to the **rejuvenation of the Tauru Garden Sarovar**, transforming it into a vibrant community space that promotes recreation, environmental sustainability, and social engagement.

Further expanding its commitment to long-term community development, the programme advanced the **restoration of the historic Tauru Tomb**, preserving the region's cultural heritage and promoting local pride. Efforts were also initiated towards the **renovation of Jamuwas Stadium** to strengthen sports infrastructure, along with the **establishment of a Tuberculosis (TB) Unit at CHC Tauru**, aimed at improving access to timely diagnosis and treatment for vulnerable communities.



In another significant initiative, M3M Foundation handed over a Scorpio vehicle to the Nuh Police Department to strengthen women's safety and enhance emergency response mechanisms across the district. The support will improve mobility for patrolling and outreach activities, contributing to a safer environment for women and girls in rural communities.



*Through collaborative action and sustainable development, Sarvodaya continues to create stronger, safer, and more resilient communities across Nuh district.*

# Mashaal



During January–March 2026, the Vanjeevan Programme continued to strengthen wildlife conservation efforts while promoting harmonious coexistence between communities and nature.

## Conserving Ecosystems, Enabling Coexistence



A major highlight of the quarter was the **Green Classrooms Initiative**, implemented across **10 government schools** in Nuh and Ferozpur Jhirka, **reaching nearly 3,000 students**. Through experiential learning on climate change and waste management, students collected plastic waste that was transformed into **400 eco-friendly benches**, creating a unique circular economy model within schools. The initiative was inaugurated at Government Primary School, Ferozpur Namak in the presence of **Smt. Ankita Puwar, SDM Nuh**, along with **Ms. Kusum Malik, FLN Coordinator, Nuh**, school principals, village sarpanches, and other community stakeholders, reinforcing collective commitment towards sustainability and environmental stewardship.



Under the Triveni Awards Programme, M3M Foundation supported grassroots organisations including **Krishikala** and **Prem Samridhi Foundation (PSF)**, enabling women-led livelihoods, traditional craft revival, natural farming, seed conservation, and sustainable income generation across Karnataka and Rajasthan.

## Manthan 2.0

Manthan 2.0 brought together **21 partner organisations** under the DoCC–M3M Foundation Social Impact Grants Programme for a collaborative exchange of ideas, experiences, and best practices. Working across Education, Livelihood, Environment, Health, and Social Inclusion, partners reflected on progress, shared grassroots innovations, and developed action plans focused on impact measurement, institutional strengthening, communication, and sustainability. The conclave reinforced M3M Foundation's commitment to fostering a strong ecosystem of changemakers working collectively to create scalable and lasting social impact.



# Beyond Programmes

Key collaborations and leadership engagements that strengthened M3M Foundation's vision for inclusive and sustainable development.



M3M Foundation signed a landmark **MoU with the Uttar Pradesh Braj Teerth Vikas Parishad (UPBTVP)** to advance heritage conservation, public safety, and sustainable livelihoods across the Braj region. The partnership will support solar-powered CCTV surveillance, research fellowships, cultural documentation, documentary initiatives, and a pilot livelihood programme for 20 street vendors, contributing to the preservation and holistic development of one of India's most revered cultural landscapes.



Representing M3M Foundation at the **World Economic Forum, Davos 2026**, Dr. Payal Kanodia, Chairperson & Trustee, participated in the CII-led panel, "Delivering Sustainability: Pathways for Global Transformation," highlighting India's execution-led approach to scalable and inclusive development. She also engaged with global leaders and policymakers, reinforcing the Foundation's commitment to advancing sustainability through collaboration, innovation, and community-led impact.



M3M Foundation **partnered with Empathy Bridge Foundation** to strengthen inclusive education in Nuh, Haryana, through the **Haryana-SETU initiative**. The collaboration focuses on the early identification and assessment of children with special needs, strengthening school support systems, and ensuring timely interventions to create more inclusive learning environments for every child.

During his visit to **Sri Puthige Vidyapeeth, Udupi**, Dr. Aishwarya Mahajan, Managing Trustee & President, M3M Foundation, reaffirmed the **Foundation's partnership with Sujnana Trust** to support Vedic education and infrastructure development. During the visit, he was felicitated by His Holiness Dr. Sri Sugunendra Teertha Swamiji in recognition of M3M Foundation's contributions to social development, philanthropy, and value-based education.



# Awards & Recognition



Our Women beneficiaries from Tauru were recognised with the **Women Achiever Award** at the Navbharat Times Bike Rally event



Dr. Payal Kanodia, Chairperson & Trustee, M3M Foundation, was honoured as the **Youngest Achiever at the National CSR Summit 2026.**



M3M Foundation received the **'CSR for Aspirational District and Block'** award at India CSR Award 2026 in Nuh, Haryana.



Dr. Payal Kanodia received the **HERizons Changemaker 2026** Award by Nippon Paint for her contribution to social impact.

*These recognitions reaffirm M3M Foundation's commitment to creating sustainable impact and empowering communities across India.*

# Stories of Transformation



## Kanti:

### From Homemaker to 'Lakhpati Didi'

For years, Kanti's family relied solely on her husband's earnings as a Rapido rider, making it difficult to manage household expenses and her children's education. Seeking a better future, she joined Lala Ji Ki Rasoi, a women-led livelihood initiative supported by M3M Foundation.

Through training in food preparation, hygiene, and kitchen operations, Kanti gained skills, confidence, and financial independence. Today, she earns a stable monthly income of ₹15,000 and has saved over ₹1 lakh, proudly earning the title of "Lakhpati Didi."

Recognising her inspiring journey, Kanti was honoured at the Building Bharat Leadership Summit by Bharat24 as a Lakhpati Didi from Lala Ji Ki Rasoi, celebrating her remarkable achievement and determination.

Her story is a powerful example of how opportunity, skill development, and perseverance can transform lives, inspiring many other women in her community to pursue economic independence.

## Rahul Chelak:

### Discovering His Colours

After migrating from Chhattisgarh to Gurugram, Rahul often missed learning opportunities while helping care for his differently-abled sister. Through the inclusive environment of the iMpower Club, both siblings found a safe and supportive space, allowing Rahul to reconnect with learning and discover his passion for painting.

His artwork was later showcased and sold at an exhibition, boosting his confidence and inspiring him to participate more actively in academics and club activities. Today, Rahul is a confident and enthusiastic learner, proving how the right support can transform potential into achievement.



## Sumeri Devi:

### A Tank That Changed Lives

In the hilly village of Dhulavat, access to safe drinking water was a daily struggle for Sumeri Devi and her family. Despite their determination to build a water tank near their home, the rocky terrain and massive boulders made the task nearly impossible. Refusing to give up, the family spent days manually breaking stones, but the challenge remained overwhelming.

Recognising their struggle, M3M Foundation stepped in to support the construction of a water storage tank, ensuring reliable access to water for the family and neighbouring households.

Today, the water tank has transformed daily life. Women no longer spend hours fetching water, children leave for school on time, and families can focus on their livelihoods with greater dignity and security. What was once a daily hardship has become a source of relief, resilience, and hope for the entire community.





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